

5 min hand massage with lotion

10 min hand massage with lotion

15 min hand massage with lotion

20 min hand massage with lotion

5 min foot massage with lotion

10 min foot massage with lotion

15 min foot massage with lotion

20 min foot massage with lotion

10 min back rub with lotion

15 min back rub with lotion

20 min back rub with lotion

5 min head massage

10 min head massage

15 min head massage

15 min head massage

Go for a bike ride

Pick a book to read online together (either one on the city library system or order an e-book)

Play with play-doh together

Do an art project together (color each other a picture, draw each other a picture, fingerpaint together)

10 min of cuddling

15 min of cuddling

20 min of cuddling

5 min hand massage with lotion

10 min hand massage with lotion

15 min hand massage with lotion

20 min hand massage with lotion

Go to the park and swing

Play a game (either a board game or a card game)

Walk around the block holding hands

Take a blanket outside and star gaze while cuddling

20 min of cuddling while reading a book together

Paint a picture together

Do a puzzle together